

Small-Group Coaching

\$50 /per person

Ideal for families, co-workers and/or groups of friends wanting to get healthy together.

— 2 sessions per month for 3 or 6 months

— 1-hour sessions

— Customized topics based on group needs

— Option to have ongoing support

— Option for in-person sessions or online classes

Click [HERE](#) to schedule your consult

www.jennyedencoaching.com - jenny@jennyedencoaching.com

